

MAS NATIONAL FORMULARY (Part 2)

Part 2

BNF Category

In this section the same products are organised into BNF categories. Please refer back to Part 1 for guidance. The quantities suggested in Part 2 are the maximum recommended in the local formularies.

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Part 2

BNF Categories

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Section 1

Gastro-Intestinal Indigestion

BNF section 1.1.1 Aluminium and Magnesium containing antacids

	Quantity
Co-magaldrox SF suspension 195/200/5ml (prescribe as <i>Maalox</i> or <i>Mucogel</i>)	500ml
Aluminium Hydroxide liquid	500ml

BNF Section 1.1.2 Compound alginates and proprietary indigestion preparations

	Quantity
<i>Gastrocote</i> tablets	100
<i>Gastrocote</i> liquid	500ml
<i>Gaviscon</i> liquid	300ml / 600ml
<i>Gaviscon Advance</i> liquid	150ml / 500ml
<i>Gaviscon Advance</i> tablets	60
<i>Peptac</i> liquid	500ml
<i>Topal</i> tablets	42

BNF Section 1.3.1 H₂-receptor antagonists

	Quantity
Ranitidine tablets 75mg (prescribe as <i>Gavilast-P</i> , <i>Numark Excess Acid Relief</i> , <i>Numark Indigestion Relief</i> , <i>Ranzac</i> or <i>Zantac 75 Relief</i>)	4, 6, 8, 12 or 24

BNF Section 1.3.5 Proton pump inhibitors

	Quantity
Omeprazole tablets 10mg (prescribe as <i>Zanprol</i>)	14

BNF Section 1.2 Motility stimulants

	Quantity
Domperidone tablets 10mg (prescribe as <i>Motilium 10</i>)	10

Infant Colic

BNF section 1.1.1 Simeticone alone (activated Dimeticone)

	Quantity
<i>Dentinox Infant Colic</i> drops	100ml
<i>Gaviscon Infant</i> sachets	15 dual sachets
<i>Infacol</i> liquid	50ml

Constipation

BNF Section 1.6.1 Bulk forming laxatives

	Quantity
Ispaghula Husk 3.4g/3.5g	30 / 60
Methylcellulose tablets 500mg	112

BNF Section 1.6.2 Stimulant laxatives

	Quantity
Bisacodyl suppositories 10mg	12
Bisacodyl tablets 5mg	28
Docusate capsules	30
Docusate liquid	300ml
Glycerin suppositories 1g (Infant)	12
Glycerin suppositories 2g (Child)	12
Glycerin suppositories 4g (Adult)	12
Senna syrup 7.5mg/5ml	100ml
Senna tablets 7.5mg	30

BNF Section 1.6.4 Osmotic laxatives

	Quantity
Lactulose solution	300ml / 500ml
Magnesium Hydroxide mixture	500ml
<i>Movicol</i> oral powder	30

Diarrhoea

BNF Section 1.4.2 Antimotility drugs

In adults and children over 12 years. Maximum strength 2mg, maximum dose 4mg and maximum daily dose 12mg

	Quantity
Loperamide capsules 2mg	12

BNF Section 9.2.1.2 Oral rehydration therapy

	Quantity
<i>Dioralyte</i> oral powder	6 / 20
<i>Dioralyte Relief</i> oral powder	6 / 20
<i>Electrolade</i> oral powder	6 / 20
<i>Rapolyte</i> oral powder	20
<i>Rehidrat</i> oral powder	16 / 24

Haemorrhoids

BNF Section 1.7.1 Soothing haemorrhoidal preparations

	Quantity
<i>Anusol</i> cream	23g
<i>Anusol</i> ointment	25g
<i>Anusol</i> suppositories	12

BNF Section 1.7.2 Compound haemorrhoidal preparations with corticosteroids

	Quantity
<i>Anusol Plus HC</i> ointment	15g
<i>Anusol Plus HC</i> suppositories	12

Mouth Ulcers / Teething

BNF Section 12.3.1 Drugs for oral ulceration and inflammation

	Quantity
<i>Adocortyl in Orabase Mouth Ulcer</i> paste	5g
Benzydamine mouthwash 0.15%	300ml
Benzydamine oral rinse 0.15%	200ml
Benzydamine spray 0.15%	30ml
Choline Salicylate gel	15g
<i>Dentinox</i> teething gel	15g
Hydrocortisone pellets 2.5mg	20

BNF Section 12.3.4 Mouthwashes, Gargles and Dentifrices

	Quantity
Chlorhexidine mouthwash 0.2%	300ml
Chlorhexidine spray 0.2%	60ml
<i>Oraldene</i> mouthwash	100ml / 200ml

Oral Thrush

BNF Section 12.3.3 Oropharyngeal Anti-Infective Drugs

	Quantity
Miconazole Oral gel	15g

Section 2

Respiratory

Hay Fever

BNF Section 3.4.1 Antihistamines

Non sedating antihistamines

The drugs on this list can only be supplied as P medicines if supply is to adults and children over 12 years if maximum daily dose is 10mg

	Quantity
Cetirizine tablets 10mg	30
Cetirizine oral solution 5mg/5ml	200ml
Loratadine tablets 10mg	30
Loratadine syrup 5mg/5ml	100ml

Sedating antihistamine

Drowsiness may affect performance of skilled tasks (e.g. driving); sedating effects enhanced by alcohol

	Quantity
Chlorphenamine tablets 4mg	30
Chlorphenamine syrup 2mg/5ml	150ml

BNF section 11.4.2 Other anti-inflammatory preparations

	Quantity
<i>Otrivine Antistin</i> eye drops	10ml
Sodium Cromoglycate eye drops 2% (prescribe as <i>Opticrom Allergy</i>)	5ml / 10ml

Steroid Nasal Spray

BNF Section 12.2.1 Nasal Allergy

	Quantity
Beclomethasone nasal spray (prescribe as brand or supplier)	100 or 180 dose

Cough and Nasal Congestion

BNF Section 3.8 Aromatic Inhalations

	Quantity
Menthol crystals	5g

BNF Section 3.9.1 Cough Suppressants

	Quantity
Pholcodine linctus 5mg/5ml	200ml
Pholcodine Paediatric SF linctus	Up to 200ml

<i>Tixylix Baby</i> syrup	100ml
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BNF Section 3.9.2 Expectorants and demulcent cough preparations

	Quantity
Simple SF linctus	200ml
Simple Paediatric SF linctus	Up to 200ml

BNF Section 3.10 Systemic Nasal Decongestants

	Quantity
Pseudoephedrine elixir 30mg/5ml	100ml
Pseudoephedrine tablets 60mg	12

BNF Section 12.2.2 Topical Nasal Decongestants

	Quantity
Ephedrine nasal drops 0.5%	10ml
Ephedrine nasal drops 1%	10ml
Xylometazoline nasal drops 0.1%	10ml
Xylometazoline nasal spray 0.1%	10ml
Xylometazoline Paediatric nasal drops 0.05%	10ml

Sore Throat

BNF Section 12.3.3 Lozenges and sprays

	Quantity
Benzydamine spray 0.15% (Prescribe as <i>Difflam</i>)	30ml
<i>Merocaine</i> lozenges	24

Section 3

Central Nervous System

Pain

BNF Section 4.7.1 Non Opioid analgesics

	Quantity
Aspirin Dispersible tablets 300mg	32
Ibuprofen tablets 200mg (<i>PGD available to cover dispensing from larger pack</i>)	42
Ibuprofen tablets 400mg (<i>PGD available to cover dispensing from larger pack</i>)	42
Ibuprofen Soluble tablets 200mg	12
Ibuprofen suspension 100mg/5ml	150ml
Ibuprofen SF suspension 100mg/5ml	100ml
Paracetamol tablets 500mg (<i>PGD available to cover dispensing from larger pack</i>)	32
Paracetamol suspension 120mg/5ml	100ml
Paracetamol suspension 250mg/5ml	100ml
Paracetamol SF suspension 120mg/5ml	100ml
Paracetamol SF suspension 250mg/5ml	100ml
Paracetamol Soluble tablets 120mg	16
Paracetamol Soluble tablets 500mg	30 / 60
Paracetamol suppositories 60mg	10
Paracetamol suppositories 125mg	10
Paracetamol suppositories 250mg	10
Co-Codamol tablets 8/500mg (2 nd line agent after Paracetamol)	32

BNF Section 4.7.4 Antimigraine drugs

	Quantity
<i>Migrave Complete</i>	12 / 24
Sumatriptan tablets 50mg (prescribe as <i>Imigran Recovery</i>)	2

BNF Section 10.3.2 Rubefacients and other topical antirheumatics

	Quantity
Ketoprofen gel 2.5%	30g
<i>Algesal</i>	50g
<i>Transvasin Heat Rub</i>	40g / 80g

Travel Sickness

BNF Section 4.6 Drugs used in nausea and vertigo

	Quantity
Cyclizine tablets 50mg	20
Domperidone tablets 10mg (prescribe as <i>Motilium 10</i>)	10
Hyoscine Hydrobromide tablets 0.15mg (Prescribe as <i>Joyrides or Kwells Kids</i>)	12
Hyoscine Hydrobromide tablets 0.3mg (Prescribe as <i>Kwells</i>)	12

Promethazine Hydrochloride SF elixir 5mg/5ml	100ml
Promethazine Teoclate tablets 25mg (Prescribe as <i>Avomine</i>)	10

Section 4

Infection

Fungal Infections

Vaginal Candidiasis

BNF Section 5.2 Antifungal drugs

Can be sold to the public for vaginal candidiasis in women aged 16-60 years, in a container or packaging containing not more than 150mg and labelled to show a maximum dose of 150mg

	Quantity
Fluconazole capsules 150mg (Prescribe as <i>Diflucan One</i>)	1

BNF Section 7.2.2 Anti-infective drugs

	Quantity
<i>Canesten Combi</i> (GSL pack)	1
<i>Canesten Cream Combi</i> (GSL pack)	1
Clotrimazole cream 1%	20g
Clotrimazole cream 2% (<i>Canesten Thrush</i> cream)	20g
Clotrimazole Vaginal cream 10% (Prescribe as <i>Canesten Internal</i>)	5g
Clotrimazole Vaginal tablets 200mg	3
Clotrimazole Vaginal tablets 500mg	1

Athlete's Foot

BNF Section 13.4 Topical corticosteroids with antimicrobials

	Quantity
<i>Canesten Hydrocortisone</i> cream	15g

BNF Section 13.10.2 Antifungal preparations

	Quantity
Clotrimazole cream 1%	20g
Miconazole cream 2%	30g
Terbinafine cream (<i>Lamisil AT</i>)	7.5g
Miconazole spray powder (<i>Daktarin Aktiv</i>)	100g

Viral Infection

Cold Sores

BNF sections 13.10.3

	Quantity

Aciclovir cream 2%	2g
<i>Blistex Relief</i> cream	5g

Warts and Verrucae

BNF Section 13.7 Preparations for warts and calluses

	Quantity
<i>Bazuka</i> gel	5g
<i>Cuplex</i> gel	5g
<i>Duofilm</i> paint	15ml
Formaldehyde gel 0.75% (Prescribe as <i>Veracur</i>)	15g
<i>Occlusal</i> application	10ml
<i>Salactol</i> paint	10ml
<i>Salatac</i> gel	8g

Parasitic Infection

Threadworms

BNF Section 5.5.1 Drugs for Threadworms

All family members should be treated at the same time, even if they have no symptoms, to prevent reinfection

	Quantity
Mebendazole suspension 100mg/5ml (Prescribe as <i>Ovex</i>)	30ml
Mebendazole tablets 100mg (Prescribe as <i>Ovex</i>)	1
Piperazine oral powder (Prescribe as <i>Pripsen</i>)	2

Head Lice

BNF section 13.10.4 Parasitocidal Preparations

If a course of treatment (two applications, one week apart) fails to cure, a different insecticide should be used for the next treatment. (Refer to your local NHS Head Lice Policy)

	Quantity
Dimeticone lotion 4% (Prescribe as <i>Hedrin</i>)	50ml / 100ml
Malathion liquid 0.5% (Prescribe as <i>Derbac M</i> or <i>Quellada M</i>)	50ml / 200ml
Malathion lotion 0.5% (Prescribe as <i>Prioderm</i>)	50ml / 200ml
Permethrin (Prescribe as <i>Lyclear</i>)	59ml
Phenothrin liquid 0.5% (Prescribe as <i>Full Marks</i>)	50ml / 200ml
Phenothrin lotion 0.2% (Prescribe as <i>Full Marks</i>)	50ml / 200ml
Phenothrin mousse 0.5% (Prescribe as <i>Full Marks</i>)	50g / 150g

Scabies

BNF Section 13.10.4 Parasitocidal Preparations

	Quantity
Permethrin (<i>Lyclear Dermal cream</i>)	30g

Section 5

Urinary Tract Disorders

Alkalinisation of Urine

BNF Section 7.4.3

	Quantity
Potassium Citrate effervescent tablets (Prescribe as <i>Effercitrate</i>)	12
Potassium Citrate solution	200ml
Sodium Citrate oral powder (Prescribe as <i>Cymalon</i>)	6

Section 6

Skin

Acne

BNF Section 13.6.1 Topical Preparations for Acne

	Quantity
Benzoyl Peroxide cream 2.5%	40g
Benzoyl Peroxide cream 5%	40g
Benzoyl Peroxide cream 10%	40g
Benzoyl Peroxide wash 10%	150ml
Benzoyl Peroxide Aquagel 2.5% (Prescribe as <i>Panoxyl Aquagel</i>)	40g
Benzoyl Peroxide Aquagel 5% (Prescribe as <i>Panoxyl Aquagel</i>)	40g
Benzoyl Peroxide Aquagel 10% (Prescribe as <i>Panoxyl Aquagel</i>)	40g
Hydrogen Peroxide cream 1% (Prescribe as <i>Crystacide</i>)	10g / 25g
<i>Quinoderm</i> cream	50g

Eczema / Allergy

BNF Section 13.2.1 Emollients

	Quantity
Aqueous cream	500g
<i>Balmosa</i>	40g
<i>Cetraben</i> cream	50g / 150g / 500g
<i>Dermamist</i>	250ml
<i>Dermol 200</i> shower emollient	200ml
<i>Dermol 500</i> lotion	500ml
<i>Diprobase</i>	50g / 500g
<i>Doublebase</i> gel	100g
<i>E45</i> cream	50g / 125g
Emulsifying ointment	500g
<i>Epaderm</i> ointment	125g / 500g

Hydrous ointment	500g
Liquid Paraffin and White Soft Paraffin 50/50	250g
<i>Ollatum</i> shower gel	150g
Paraffin White Soft	500g
Paraffin Yellow Soft	500g

BNF Section 13.2.1.1 Emollient Bath Additives

	Quantity
<i>Balneum</i>	200ml / 500ml
<i>Dermol 600</i> bath emollient	600ml
<i>Diprobath</i>	500ml
<i>Emulsiderm</i>	300ml
<i>Hydromol</i>	150ml / 350ml
<i>Ollatum</i> emollient	250ml / 500ml
<i>Ollatum Plus</i> bath additive	500ml

BNF Section 13.2.2 Barrier Preparations

	Quantity
<i>Conotrane</i> cream	100g / 500g
<i>Drapolene</i>	100g / 200g
<i>Metanium</i> ointment	30g
<i>Siopel</i>	50g
<i>Sudocrem</i>	60g / 125g
<i>Vasogen</i>	50g / 100g
Zinc and Castor Oil	50g / 100g

BNF Section 13.3 Topical local anaesthetics and antipruritics

	Quantity
Calamine lotion	200ml
Calamine Aqueous cream	100g
Calamine Oily lotion	200ml
Crotamiton cream (Prescribe as <i>Eurax</i>)	30g / 100g
Crotamiton lotion (Prescribe as <i>Eurax</i>)	100ml

BNF Section 13.4 Topical corticosteroids

	Quantity
Clobetasone cream 0.05% (Prescribe as <i>Eumovate Eczema & Dermatitis</i>)	15g
<i>Daktacort HC</i> cream	15g
<i>Eurax HC</i> cream	15g
Hydrocortisone cream 1%	15g
Hydrocortisone ointment 1%	15g

BNF Section 13.5.2 Preparations for psoriasis

	Quantity
<i>Sebco</i> ointment	40g/100g

BNF section 13.9 Shampoos and scalp preparations

	Quantity
<i>Alphosyl 2 in 1</i> shampoo	125ml / 250ml
<i>Capasal</i> shampoo	250ml
Ketoconazole shampoo (Prescribe as Dandruff or Anti-Dandruff formula)	60ml / 100ml
<i>Polytar</i> liquid	150ml / 250ml
Selenium Sulphide shampoo 2.5% (Prescribe as <i>Selsun</i>)	50ml
<i>T-Gel</i> shampoo	125ml

BNF Section 13.10 Preparations for boils

	Quantity
Magnesium Sulphate paste	25g / 50g

BNF Section 13.11.4 Iodine

	Quantity
Povidone-iodine ointment (Prescribe as <i>Betadine</i>)	20g

Section 7

Vitamins

BNF Section 9.1.2 Drugs used in megaloblastic anaemias
For use by females during pregnancy for a duration of 8 weeks

	Quantity
Folic Acid tablets 400mcg	90

Section 8

Eyes

BNF Section 11.8.1 Tear deficiency, ocular lubricants and astringents

	Quantity
Carbomer eye drops (Prescribe as <i>Viscotears</i>)	10g
Hypromellose eye drops 0.3%	10ml
Liquid Paraffin eye ointment (Prescribe as <i>Lacri-Lube</i>)	3.5g / 5g
Polyvinyl Alcohol eye drops 1.4% (<i>Sno Tears, Liquifilm</i>)	10ml / 15ml

BNF Section 11.3.1 Antibacterial eye preparations

	Quantity
<i>Brolene</i> eye ointment	5g
Chloramphenicol eye drops 0.5% (PGD to dispense)	10ml
<i>Golden</i> eye ointment	5g

Section 9

Ear

BNF Section 12.1.3 Removal of ear wax

	Quantity
Almond oil	10ml
Olive oil	10ml
<i>Cerumol</i> ear drops	11ml

Section 10

Homeopathy

Homeopathic preparations are prescribable under MAS, as long as they fit the outline 'Any P or GSL preparation, as long as it is not blacklisted'. We are aware that some local pharmacists have an interest in this area but would re-enforce that you should only prescribe in an area where you have the appropriate knowledge.

NATIONAL HEALTH SERVICE (SCOTLAND) ACT 1978

HEALTH BOARD ADDITIONAL PHARMACEUTICAL SERVICES (MINOR
AILMENT SERVICE) (SCOTLAND) DIRECTIONS 2006

SCHEDULE 1

SERVICES TO BE PROVIDED AS A MINOR AILMENT SERVICE

1. The service comprises a consultation with a pharmacist and advice on the condition(s) that the patient presents and, where the pharmacist considers it appropriate, the supply of preparations or appliances for its treatment. Where the pharmacist considers the condition is one that requires to be considered by another member of the primary care team, e.g. a GP, he or she will refer the patient to that person.
2. The products that can be supplied by the pharmacist are listed in a nationally set Formulary, which includes
 - (i) Pharmacy (P) and General Sales List (GSL) medicines that are not listed in directions given by Scottish Ministers under section 17N(6) of the Primary Medical Services (Scotland) Act 2004^a;
 - (ii) dressings and appliances from Part 2 of the Drug Tariff;
 - (iii) selected items from Part 3 of the Tariff; and
 - (iv) any Prescription Only Medicines (POMs) that are detailed in a Patient Group Direction (PGD) in relation to MAS.

^a section 17N was inserted by the 2004 Act, section 4.